## Paranormal 101



## Intelligent Haunts

In this style of haunting the entity or entities are aware of their surroundings. Most of the time you will find that these spirits are not confined to one spot, they can move around freely. Also, they will acknowledge the existence of human beings and even try to communicate in certain ways.

They are limited in what they can do. Most of the time they only move very light objects but they have been known to move objects up to around 10lbs. They are looking for people to notice them but they end up scaring people a great deal instead.

Usually, between the hours of 11pm and 4am are the times that the entities can more efficiently manifest themselves, due to this time period being the darkest hours of the night. Most of the time are not strong enough to show themselves during the daylight because it takes too much energy to make themselves visible. Think of it like this, if you were to turn on a flashlight during the daytime you would hardly notice the light, but if you were to turn it on in the dead of night, the light would be clearly visible. This is how spirits work as well. If they use too much energy during the day they will be too weak to show themselves at night.

These spirits can be benevolent or mischievous, depending on the reason that they are haunting a location, and there are several reasons. They may be haunting it because it was once their home and they want you to leave. They may be there because they've found that a child is able to see them so they feel noticed and are willing to stay around for this fact. There may be some kind of artifact that they are staying with and following due to some emotional bond with it. They also may be looking for something or someone. They may even not be willing to except that they have died. Whatever the reason may be, they are there and they do not want to leave.

Now comes the hard part, ridding a house of them. They are not inhuman entities which we will get to, so religious provocation will not be effective to rid the area they are in. You are, as they are, limited to what you can do.