



Ghost Hunting and the Weather

Although people occasionally experience apparitions and entities during the day, most sightings do occur at night for reasons explained in *The Nature of Ghosts*. It is also believed that apparitions are a form of energy, and that sightings do indeed increase in both strength and clarity under certain atmospheric conditions that are unusually high in electrical or electromagnetic energy.

If you have ever been in a really rocking thunderstorm, you know the awe and power involved in such an event. The very floor shakes with the thunder claps, and you can literally feel (and see) the electrical charge in the atmosphere. No surprise then, that this is a highly conducive time to experience paranormal phenomena. Obviously, there are drawbacks to this plan, because most of us don't want to be standing in the middle of a tree-filled graveyard during a raging thunderstorm, even if we could time it just right. But if you ever find yourself in a position to do some indoor ghost hunting during a good storm, we highly recommend that you try that, because the chances are good that you will achieve at least some semblance of success in thunderstorm conditions.

The theory with thunderstorms is that the entity is able to draw from the electrically charged surroundings to a degree that it couldn't during calm weather, thus becoming more visible or detectable to you. It is also fairly safe to assume that you, as the observer, are also being affected by the charged atmosphere, possibly achieving a higher vibrational frequency and enabling you to come closer to the frequency of the apparition - thus a sighting.

Even if you can't time a ghost hunt to coincide with a thunderstorm, it most definitely wouldn't hurt to drag out the compass, digital camera, and whatever other ghost hunting equipment you have next time you are sitting at home during a strong storm. You may be surprised at the results.....

As far as moon phases and the question of what phases are best and worst for paranormal sightings, the evidence at this time seems to suggest what is probably obvious to most of us - that the full moon is by far the most conducive time to experience ghostly phenomena. There are many theories as to why this is, from the air being more saturated with positive ions, to the silvery color and rays emitted from the full and bright moon, to the added gravitational pull on the earth and on us during a full moon. Scientists scoff at all three of these theories, saying that the effects, whatever they might be, are not strong enough to affect us in any measurable way. That seems a bit too easy, as the full moon has been associated with paranormal and supernatural occurrences since the beginning of time. It could be that a combination of the above or

something not even thought of yet is responsible. Yet, there is almost indisputable proof that the full moon is related to an increase in paranormal phenomena.

The new moon is probably the 2nd most conducive for experiencing paranormal phenomena in terms of a monthly timetable. During this time, the moon rises at the same time as the sun and is in the same zodiac sign. Because of this, you can't see the moon, making for some really dark ghost hunting. We have found no theories as to why physically this is a good time to ghost hunt, but it appears time and time again in our reference material so we thought it would be worth a mention here.

Of equal importance, the equinoxes and solstices every year have been through history very conducive to supernatural occurrences. These events are extremely important cosmically and it is no wonder that they are considered very conducive days in supernatural terms.

The sun is at its lowest point on the Winter Solstice every year. It rises higher into the sky as the days go on, culminating in the Spring Equinox, when it rises exactly in the east and sets exactly in the west, and everyone on earth has a 12 hour day. After this, it continues on its upward path until the Summer Solstice, when it reaches its highest point in the sky. After this, the sun begins to descend again, and on the Autumnal Equinox, the entire world again sees a 12 hour day with the sun in an exactly east/west orientation. Then back to the Winter Solstice to start the dance over again.

Of note, the Harvest Moon is an important event in many religions and may be worth a try for those interested in experimenting with ghost hunting and the supernatural. The harvest moon is the nearest full moon to the Autumnal Equinox - either before or after.

The sun is also believed to play an important role in how conducive we are to apparitions and ghostly phenomena due to the electromagnetic and geomagnetic influences of the sun on our planet. Most of us don't realize how often we actually go through a geomagnetic storm caused by solar wind, which, like a lightening storm, is believed to somehow spark paranormal strength. Therefore, any serious ghost hunter will be well aware of the solar conditions at all times.